



WATER POLO PLAYER – DEVELOPMENT Name:

LOG BOOK

Date started water polo.....

Training is held on Saturday mornings at 9.30 -10.30 at Whitgift School pool

	Date	Tick for attendance
Week 1		
Week 2		
Week 3		
Week 4		
Week 5		
Week 6		
Week 7		
Week 8		
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Week 34		
Week 35		
Week 36		

Competitions